

Facts & Figures

Male Abuse in The Netherlands*

Victim of
psychological violence
in a domestic setting

Men 5%
Women 7%

Victim of stalking
by their ex-partner

Men 2,1%
Women 2,7%

Victim of
physical violence
in a domestic setting

Men 3,4%
Women 3,8%

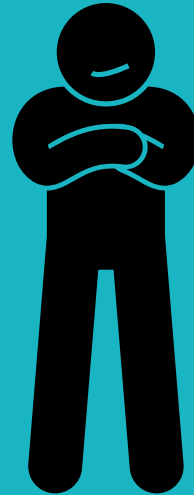
Victim of physical,
sexual abuse

Men 1,7%
Women 5,3%

Perpetrators of domestic violence

	Psychological violence	Physical violence
Partner	40,6%	31,1%
Ex-partner	18,5%	11%
Parents	26,9%	12,6%
Brother/sister	19,6%	23,1%
Child	17,8%	13,7%
Other family members	9,6%	4,9%

* Percentages indicate the percentage of victims in the 12 months prior to completing the questionnaire.



- ✓ When it comes to male victims of psychological violence, the perpetrator is more often female (48%) than male (16%).
- ✓ Only 3% of male victims report to the police.
- ✓ 40% of male victims suffer psychological problems as a result of experiencing psychological violence.
- ✓ 12% of male victims suffer physical problems as a result of the psychological violence.
- ✓ Male victims of physical violence in a domestic setting were more often victims of a female perpetrator (41%) than male perpetrators (33%).
- ✓ 33% of victims don't talk about it with anyone.
- ✓ Men and women fall equally as often victim to structural physical violence in a domestic setting and stalking by their ex-partner.

Men experiencing domestic violence

- ✓ Wait longer to seek help
- ✓ Try out self-found solutions
- ✓ Describe the problem from an observer's perspective
- ✓ Present problems in a work context
- ✓ Express problems as factual matters
- ✓ Disclose less of their feelings
- ✓ Feel shame, anger and powerlessness
- ✓ Easy their problems by excessive substance use





In the men's shelter, you receive help with:

- ✓ Debt and housing
- ✓ Resilience and assertiveness
- ✓ Recovery and processing
- ✓ Understanding the dynamics of violence
- ✓ Divorce, visitation rights

Clients stay in the men's shelter for an average of 249 days

Age of our clients

19-35 years 54%
35-55 years 39%
55+ years 7%



Types of domestic violence

Honor-based violence

8%

(Ex-)partner violence

56%

Child abuse

2%

Human trafficking

15%

Other

19%

References: Dataset Men's Shelters in The Netherlands (2022), 'Prevalentiemonitor Huiselijk Geweld' (CBS, 2024 & 'Factsheet Huiselijk Geweld tegen Mannen (Blijf Groep, 2018)

Men's Shelters in The Netherlands

37 men's shelter locations, spread across 5 organizations



Do you need help or advice?

Call our (toll-free) number for help and advice (weekdays from 9:00 AM to 4:30 PM)

+31 (0)800 3100031



mannenmishandeling.nl

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